

À LA CARTE

Wifi: The Athletic
Password: club&social

MEZE - TO BEGIN

TZAZIKI
CARROT HUMMUS
ROASTED RED PEPPER HUMMUS
MELITZANOSALATA (SMOKY AUBERGINE DIP)
40 each

MARINATED TOMATOES
HOUSE-MADE PICKLES
WARM PITA BREAD
20 each

BREAD BASKET & OLIVES
25 each

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TO SHARE

COURGETTE KEFTEDES
Mint, lemon, parmesan fritters
70

SPELT, SLOW ROAST TOMATOES, RICOTTA
*Spanish green olives, tomato & chili dressing,
basil, Italian parsley*
95

CHARRED AUBERGINE (V)
*Yeastied cauliflower purée, shaved almonds, crisp sweet potato,
fresh basil & mint, basil oil & fennel vinaigrette*
95

CHARRED BROCCOLINI, HOUSE-MADE LABNEH
Romesco, lavash
90

TAHINI CAULIFLOWER (V)
Baharat spice, herby lemon dressing, hummus, almonds
105

FIRE ROASTED BABY GEM LETTUCE
Parmesan, capers, lemon vinaigrette
90
Add white anchovy
100

CHARGILLED HALLOUMI
Honey, apricots
70

FATTOUSH SALAD (V)
Tomato, cucumber, spring onion, parsley, mint, radish, crispy pita
95

CHICKPEA REVITHIA
Smoked peppers, tahini, Greek yoghurt, mint, za'atar
95

PAN FRIED CALAMARI
Black olives, paprika, lemon
100

BAKED MUSSELS
Salted thyme cream, harissa aioli
100

MAINS

ALL MEATS & FISH ARE SUSTAINABLY & ETHICALLY SOURCED

COAL FIRED ROTISSERIE ROASTED LAMB SHOULDER

Tzaziki, tomato, cured onion, pita bread

120 100g / 180 200g

COAL FIRED ROTISSERIE CHICKEN SOUVLA

Carrot hummus, tomato, cured onion, pita bread

115 100g / 175 200g

GRILLED SEA BASS

Charred spring onion, yoghurt, roasted red pepper hummus, dill oil

160

GRILLED SARDINES

Fennel & chili salad

90

VENISON

Tamarind, mint & lime dressing

130

OCTOPUS

Tomato & red wine, baked baby potatoes, chili aioli, olive croutons

210

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DESSERTS

BAKLAVA CIGARS

60

PANA COTTA (V)

Coconut milk, rose water, fresh fruit compote

65

ARTISANAL HOUSE -MADE VEGAN ICE CREAM (V)

60

WARM CHOCOLATE CARDAMOM CAKE

65

CHEESEBOARD

Three carefully sourced local cheeses, relishes, house-made breads

125

DRINKS

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SOFT DRINKS

| | |
|--|----|
| TERRA MADRE COLD-PRESSED JUICES (500ml) | 45 |
| FRESH FRUIT JUICES (enquire with your server) | 30 |
| APPLETISER & GRAPETISER | 30 |
| FITCH & LEEDS BESPOKE MIXERS (enquire with your server) | 20 |
| SAN PELLEGRINO SPARKLING ORANGE & BLOOD ORANGE | 40 |
| STILL & SPARKLING WATER 750ML | 30 |
| ATHLETIC SODAS (enquire with your server) | 40 |

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HOT DRINKS

| | |
|---|----|
| AMERICANO | 26 |
| FLAT WHITE | 28 |
| SINGLE ESPRESSO | 20 |
| DOUBLE ESPRESSO | 28 |
| CORTADO | 26 |
| LATTE | 30 |
| LOOSE LEAF TEAS BY NIGIRO | 40 |
| <i>Lady Grey / White Ginger / Sakura Cherry Green Tea / Peppermint Herbal Infusion / Chamomile Flower / Sencha Fukujya Green Tea / Forest Berries / Jasmine / English Breakfast / Pure Wild Rooibos / Marula Strawberry Flavoured Rooibos</i> | |

BEERS & CIDERS

BOTTLES

| | |
|------------------------|----|
| DEVIL'S PEAK ZERO2HERO | 45 |
| CORONA | 45 |

CANS

| | |
|--------------------------|----|
| & UNION UNFILTERED LAGER | 55 |
| & UNION FRIDAY IPA | 55 |
| & UNION SUNDAY PALE ALE | 55 |
| & UNION STEPH WEISS | 55 |
| & UNION BLACK LAGER | 55 |

DRAUGHT BEER

| | |
|--------------------------------------|----|
| DEVIL'S PEAK LAGER | 50 |
| ACS GOLDEN ALE | 50 |
| GUEST TAP - ENQUIRE WITH YOUR SERVER | 50 |

CIDERS

| | |
|---|----------|
| CLUVER & JACK | 40 |
| TERRA MADRE "POMMES CLASSIQUE" (Elgin) 750ml | 2009 250 |
| <i>Normandy-style cider, made using the classic, traditional, Champagne method.</i> | |

WINE

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SERVED BY THE GLASS

MÉTHODE CAP CLASSIQUE (MCC) - 185ml

COLMANT BRUT RESERVE N/V 80
(Franschhoek) Chardonnay/Pinot Noir

COLMANT BRUT ROSÉ N/V 80
(Franschhoek) Pinot Noir/Chardonnay

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WHITE WINES - 185ml

FRESH, CLASSY & ELEGANT

Opstal Estate Chenin Blanc 2018 65
(Slanghoek)

LIGHT, CRUNCHY & TANGY

Catherine Marshall Sauvignon Blanc 2019 70
(Elgin)

ROUNDER, JUICY & SUCCULENT

The Fledge & Co. "Vagabond" 2016 75
*(Western Cape) Chardonnay/Viognier/
Grenache Blanc/Chenin Blanc/Verdelho*

Baleia Chardonnay 2015 75
(Lower Duiwenhoksrivier)

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ROSÉ - 185ml

DRY, REFRESHING & FLORAL

Opstal Estate 'Blush' 2018 60
(Slanghoek) Syrah/Viognier

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RED WINES - 185ml

RICHER, SUCCULENT & MORE FULL-BODIED

Trizanne 'TSW' Shiraz 2017 65
(Swartland)

Anura Grenache Noir 2016 65
(Simonsberg-Paarl)

CLASSIC, STRUCTURED & MEDIUM-BODIED

Catherine Marshall 'Amatra' Merlot 2016 70
(Stellenbosch)

LIGHT, SPICY & TANGY

Maastricht Pinot Noir 2017 75
(Durbanville)

CHAMPAGNE

| | | |
|-------------------------------|------|------|
| Moët & Chandon Brut | N/V | 1300 |
| Veuve Cliquot 'Yellow Label' | N/V | 1400 |
| G.H. Mumm 'Grand Cordon' Brut | N/V | 1500 |
| G.H. Mumm 'Olympe' Brut Rosé | N/V | 1700 |
| Dom Perignon Millésimé | 2009 | 4750 |

MÉTHODE CAP CLASSIQUE

South African 'MCC' sits very comfortably next to high quality champagne-style wines from around the world, as it is produced in exactly the same method & from a selection of the same grapes. Where we differ however, is having the freedom to experiment with other styles made from grapes such as Pinotage, Chenin Blanc, & even Shiraz.

| | | |
|--|------|------|
| Brut Plaisir <i>(Franschhoek)</i> <i>Chardonnay/Pinot Noir</i> | N/V | 350 |
| Colmant Brut Reserve <i>(Franschhoek)</i> <i>Chardonnay/Pinot Noir</i> | N/V | 400 |
| Colmant Brut Rosé <i>(Franschhoek)</i> <i>Pinot Noir/Chardonnay</i> | N/V | 400 |
| Dainty Bess Brut Rosé <i>(Wellington)</i> <i>100% Pinot Noir</i> | N/V | 480 |
| Genevieve 'Blanc De Blancs' <i>(BotRivier)</i> <i>100% Chardonnay</i> | 2015 | 480 |
| Silverthorn 'The Genie' <i>(Bonnievale)</i> <i>100% Shiraz</i> | N/V | 520 |
| High Constantia 'Clos André' <i>(Constantia)</i> <i>Chardonnay/Pinot Noir/Pinot Meunier</i> | 2013 | 1100 |
| Huis van Chevallerie 'Filia' 1.5l Magnum <i>(Swartland)</i> <i>100% Heritage Vineyard Chenin Blanc</i> | 2014 | 1550 |

CHARDONNAY

This sophisticated, noble grape is firmly back in style, as expressions are becoming less oak-forward, & more fruit-forward. The beauty of this cultivar is that you can have it in a crisp, fresh unwooded style, or a more round & smooth wooded style.

UNWOODED

Kruger Family Wines 'Sans Chêne' 2017 330
(Piekenierskloof)

WOODED

Bosman 2018 280
(Upper Hemel-en-Aarde Valley)

Baleia 2015 320
(Lower Duiwenhoksrivier)

Joubert-Tradauw 'R62' 2016 360
(Tradouw Highlands)

Calendar Peak 2018 500
(Agter-Witzenberg)

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CHENIN BLANC

This versatile grape has fast become one of South Africa's premier grape varieties. It has the beauty of being expressed in so many different styles - from dry, crisp & chunchy, to rounder, richer & jucier. It is a perfect food accompaniment & is suitable for breakfast, lunch & dinner.

Opstal Estate 2018 260
(Slanghoek)

Raats 'Original' 2018 290
(Polkadraai Hills, Stellenbosch)

Saltare 'Old Vines' 2014 300
(Swartland)

Daschbosch 'Steen' 2017 340
(Breedekloof)

Rijk's Reserve 2015 450
(Tulbagh)

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SAUVIGNON BLANC

Distinctively classic in nature, however very much misunderstood in the local market. Expressions are often better presented with a degree of bottle age, & from smaller producers with a more natural method of production.

Sterhuis 2017 250
(Bottelary, Stellenbosch)

Catherine Marshall 2019 280
(Elgin)

Waterkloof 'Circumstance' 2018 300
(Helderberg, Stellenbosch)

Longridge 'Driefontein' 2016 400
(Helderberg, Stellenbosch)

WHITE BLENDS & OTHER UNIQUE CULTIVARS

The blend is often the way a winemaker has the opportunity to show their versatility & interpretation of the grapes, the region or the vineyard's terroir. Expressions can start to get really interesting with the introduction of unique cultivars, either on their own, or as part of the blend.

| | | |
|---|------|-----|
| Bouchard Finlayson 'Blanc De Mer' <i>(Hemel-en-Aarde)</i> <i>Riesling/Viognier/Chardonnay/ Sauvignon Blanc/Sémillon</i> | 2018 | 260 |
| The Fledge & Co. 'Vagabond' <i>(Western Cape)</i> <i>Chardonnay/Viognier/Grenache Blanc/ Chenin Blanc/Verdelho</i> | 2016 | 300 |
| Migliarina Pinot Gris <i>(Stellenbosch)</i> | 2017 | 310 |
| Luddite 'Saboteur' <i>(Bot Rivier)</i> <i>Chenin Blanc/Viognier/Fumé Blanc</i> | 2018 | 360 |
| The Wine Thief 'Single Barrel' Marsanne <i>(Stellenbosch)</i> | 2018 | 400 |
| A.A. Badenhorst 'Kalmoesfontein White' <i>(Paardeberg, Swartland)</i> <i>Chenin Blanc/Roussanne/ Grenache Blanc/ Viognier/Verdelho/Grenache Gris/ Grenache Nior/Clairette Blanche</i> | 2017 | 600 |

ROSE

Forget about the old-fashioned sweet rosés of yesteryear, & welcome in elegance, freshness & floral delicacy. Ideal for any social circumstance, these versatile wines will harmonise with your life.

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|--|------|-----|
| Opstal Estate 'Blush' <i>(Slanghoek)</i> <i>Syrah/Viognier</i> | 2018 | 240 |
| Waterkloof 'Cape Coral' <i>(Helderberg, Stellenbosch)</i> <i>Mourvèdre</i> | 2018 | 280 |
| The Wine Thief Blanc de Noir <i>(Slanghoek)</i> <i>Petit Verdot</i> | 2019 | 300 |

CABERNET SAUVIGNON

Classic & iconic in both structure & style, & known as ‘the king of grapes’, South Africa showcases a plethora of immaculate expressions, gaining in depth & complexity with degrees of bottle maturation.

| | | |
|--|------|------|
| Noble Hill <i>(Simonsberg-Paarl)</i> | 2015 | 300 |
| Usana ‘The Fox’ <i>(Stellenbosch)</i> | 2016 | 360 |
| Neil Ellis ‘Stellenbosch Reserve’ <i>(Stellenbosch)</i> | 2016 | 900 |
| Boekenhoutskloof <i>(Franschhoek)</i> | 2016 | 1250 |

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MERLOT

Equally as powerful as Cabernet Sauvignon, yet distinctly more feminine in nature. Cool-climate expressions portray South African Merlots in the best light, where the balance of oak, acidity & fruit character are better expressed with the assistance of a cooling South-Easterly breeze from the ocean.

| | | |
|---|------|-----|
| Catherine Marshall ‘Amatra’ <i>(Elgin)</i> | 2016 | 280 |
| Elgin Vintners <i>(Elgin)</i> | 2015 | 380 |
| Almenkerk <i>(Elgin)</i> | 2015 | 520 |
| Shannon ‘Mount Bullet’ <i>(Elgin)</i> | 2016 | 750 |

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PINOT NOIR

The true ‘heart-break grape’, Pinot Noir is notoriously difficult to grow & make, however a selection of South African wine makers have proved themselves worthy. Again the cooler climates, particularly on the southern coastline, are some of the best areas for growing quality Pinot Noir.

| | | |
|--|------|-----|
| Maastricht <i>(Durbanville)</i> | 2017 | 300 |
| Newton Johnson ‘Walker Bay’ <i>(Cape South Coast)</i> | 2017 | 470 |
| Catherine Marshall ‘Clay Soils’ <i>(Elgin)</i> | 2018 | 450 |
| Bouchard Finlayson ‘Galpin Peak’ <i>(Hemel-en-Aarde Valley)</i> | 2017 | 900 |

SYRAH/SHIRAZ

Stylistically, if a wine is labelled as a 'Syrah' it will lean more to the elegant, delicate & perfumed examples hailing from the Northern Rhône in France. However if it carries the name 'Shiraz', it generally showcases the more bold & boistrous characteristics of the new world. This variety is well-suited to the warm South African climate where it grows particularly well & produces some outstanding wines.

| | | |
|---|------|------|
| Trizanne 'TSW' <i>(Swartland)</i> | 2017 | 260 |
| Joubert-Tradauw 'R62' <i>(Tradouw Highlands)</i> | 2016 | 360 |
| Saltare <i>(Swartland)</i> | 2014 | 600 |
| Saxenburg 'SSS Reserve' <i>(Stellenbosch)</i> | 2013 | 1500 |

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PINOTAGE

A proudly South African grape variety, having been born in Stellenbosch from professor Abraham Perold's crossing of Pinot Noir & Cinsault vines. In terms of how the wines are showcased, they can either be light & aromatic, or more full-bodied, brooding & structured in character.

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|--|------|-----|
| De Kleine Wijn Koöp <i>(Stellenbosch)</i> | 2018 | 240 |
| Saxenburg <i>(Stellenbosch)</i> | 2017 | 300 |
| Beaumont <i>(BotRivier)</i> | 2017 | 410 |

RED BLENDS & OTHER UNIQUE CULTIVAR EXPRESSIONS

Blended red wines often fall into two main characteristic fields: Bordeaux-style blends, which are a combination of Cabernet Sauvignon, Merlot, Cabernet Franc, Petit Verdot & Malbec, giving you a classic & sophisticated result, or Rhône-style, which are Shiraz-led with dollops of Grenache & Mouvèdre, resulting in a more rambunctious & sprightly wine.

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|--|------|------|
| Anura Grenache Noir <i>(Simonsberg-Paarl)</i> | 2016 | 260 |
| Migliarina Grenache <i>(Wellington)</i> | 2017 | 380 |
| Boschendal 'Nicolas' <i>(Franschhoek)</i> <i>Shiraz/Petit Verdot/ Cabernet Sauvignon/ Malbec/Merlot/Cabernet Franc</i> | 2016 | 400 |
| Kruger Family Wines Cinsault <i>(Piekenierskloof)</i> | 2018 | 420 |
| Saltare 'Specialis' <i>(Stellenbosch)</i> <i>Cabernet Sauvignon/Merlot/Cabernet/Franc</i> | 2015 | 500 |
| Kevin King 'Micah' <i>(Elgin)</i> <i>Syrah/Mourvèdre/Barbera</i> | 2015 | 500 |
| Mt. Vernon Malbec <i>(Simonsberg-Paarl)</i> | 2014 | 580 |
| A.A. Badenhorst Single Vineyard Series 'Ramnasgras' <i>(Paardeberg, Swartland)</i> <i>Cinsault</i> | 2017 | 850 |
| De Toren 'Fusion V' <i>(Stellenbosch)</i> <i>Cabernet Sauvignon/Merlot/Cabernet/ Franc/Petit Verdot/Malbec</i> | 2016 | 1300 |

DESSERT WINES – 50ML

NOBLE LATE HARVEST (NLH)

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|--|------|-----|
| Paul Cluver Riesling NLH <i>(Elgin)</i> | 2017 | 100 |
|--|------|-----|

FORTIFIED PORT STYLE WINES

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|---|------|----|
| Beaumont Cape Vintage <i>(BotRivier)</i> | 2016 | 50 |
|---|------|----|

CAPE WHITE

| | | |
|---|-----|----|
| Peter Bailey Cape White <i>(Calitzdorp, Klein Karoo)</i> | N/V | 50 |
|---|-----|----|

COCKTAILS

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35 BUITENGRACHT | CAPE TOWN | SOUTH AFRICA

CLASSICS

CLASSIC DAIQUIRI

Havana Club 3-year-old, lime juice, sweetness, dehydrated lime
75

CLASSIC OLD FASHIONED

Woodford Reserve, Angostura Bitters, orange bitters
sweetness, orange zest
100

MOSCOW MULE

Absolut Vodka, lime juice, Angostura Bitters, ginger beer, lime wedge
80

BARREL-AGED NEGRONI

Hendrick's Gin, Campari, sweet vermouth, orange zest
95

PALOMA

Jose Cuervo Tradicional Silver, grapefruit juice, lime juice,
agave syrup, soda water, salt, grapefruit slice
85

WHISKY SOUR

Monkey Shoulder, lemon juice, aqua faba, sweetness,
Angostura Bitters, orange zest, maraschino cherry
90

ESPRESSO MARTINI

Absolut Vodka, Kahlúa, brewed espresso, sweetness, coffee beans
100

BARREL-AGED BOULEVARDIER

Jack Daniel's Single Barrel, Campari, sweet vermouth, orange zest
100

SPECIALTY COCKTAILS

LILAC LADY V2.0

Colmant Brut MCC, thyme cordial, lavender dust
90

SMOKED MARGARITA

Herradura Reposado, lime juice, agave syrup, coffee and cinnamon rim
110

RHUBARB AND FENNEL BLOODY MARY

Ketel One Vodka, tomato & rhubarb juice, lemon juice, black pepper, fennel salt, Tabasco sauce, Worcestershire sauce, fennel stalk
80

THE BASEMENT V2.0

Havana Club 7-year-old, lime juice, mango juice, Falernum, ginger ale, mint sprig
95

TOM COLLINS

House Gin, lemon juice, grapefruit cordial, soda, rosemary
90

CLOVER CLUB

Cruxland Gin, raspberry, aqua faba, lemon juice
85

ORANGE BLOSSOM

House Gin, Capertif, orange juice, dehydrated orange
75

THE DOORWAY OF CHAMPIONS

The Botanist Gin & the rest is our secret...
130